

VETERANS' ROCK

501(C)3

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Cheyenne, WY 82007, 307-514-0035

veteransrockchey@gmail.com/veteransrockchey.org

JULY 2024

Let
Freedom
Ring

I pledge
allegiance to the
flag of the
United States of
America



Thank you
to all who donate
to our Veterans
every day!



Remember:

our freedom and who has fought for it,
the service members of our military,
Thursday, July 4.

VETERANS' ROCK MISSION:

ROCK solid support for, veterans and active duty in need, their families, and service animals.

We will help to lessen the burden of mental injury and fight to overpower veteran suicide.

They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD

CLOTHING AND PERSONAL CARE NEEDS:

Clothing: large boxers, size 8.5 and 9 tennis shoes

Misc: small luggage bags with wheels, back packs

Personal care: small boxes of Q-tips

FOOD PANTRY NEEDS:

Canned: hash

Misc: sliced loaves of bread, eggs in dozen cartons please, half gallons whole milk, large bottles of juice, microwave meals, microwave mac & cheese, coffee, packs hamburger buns, dozen size egg cartons (just the cartons please), dog food,

Fresh produce: potatoes and onions

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing they need **small** apartment size furniture:
love seats, recliners, and dressers

In general veterans need: all purpose cleaner, disinfectant spray, window cleaner, dryer sheets, sm bottles of dish soap. Baseball gloves—not a necessity but a “sure-would-like” request.

We have a request for a veteran who could benefit from a washer and dryer. If anyone has a set they can donate to him, he would be very appreciative. He is homebound and can't get out to do laundry.

VETERANS ROCK WOULD LIKE:

Plastic sandwich bags, AA batteries,
military memorabilia and military books



Veterans Rock has helped 698 veterans
since opening in July of 2020.



Save the date: July 10, 2024



WYO
GIVES

WyoGives.org

A POWERFUL, STATEWIDE 24-HOUR, ONLINE FUNDRAISING EVENT

THAT IS DESIGNED TO BRING
WYOMING TOGETHER
AS ONE COMMUNITY
TO RAISE MONEY AND AWARENESS FOR
WYOMING'S NONPROFITS—

INCLUDING VETERANS' ROCK.

Help Needed

*We are in need of volunteers to help
with the*

***Combined Service Club food drive
Saturday, August 24 from 9am-3pm.***

*If you could take your vehicle to
Safeway, King Soopers, or the Yellowstone
Albertsons, or for an hour or two, then
bring what has been collected to
Veterans' Rock, we would be
extremely grateful!
Please call to schedule a time.*



**Our count of veterans and their families we
have helped since opening in July of 2020,
698.**

Of these Veterans, we have helped:

**400 with food, 193 with gas cards,
42 with food cards, 297 with clothing,
53 nights of hotel rooms, 152 with furniture,
189 with household goods,
26 with bikes, 4 with a car,
32 with car repairs,
59 with laundry and/or showers,
7 with phones, 14 with computers,
57 with gear,
75 with some form of transportation,
45 with direct advocacy assistance, and
45 with misc. expenses for rent, utilities,
car tags, deposits, school fees, and
household repairs.**

For ALL veterans—needing insurance
but don't know where to start, or think you
can't afford insurance, or have TRICARE for Life
and think you need nothing else?

AP Benefit Solutions is here to help you
answer those questions.

All veterans and active duty military are
welcome to stop by **VETERANS' ROCK** on
the 1st and 3rd Tuesdays of the month from
12:30pm till 4pm to find out what your
options are.

Free,
no obligation Q & A.

For more info, call 307-399-0940.



Beautiful hutch



Big oak dresser



Veterans' Rock has furniture
left over from our thrift store we
are offering for sale by donation.
The hutch and the dresser are
just two of the many items we
have for sell. Please stop by and
see what we have and hopefully
you will find something you can't
live without!

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Veterans*



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***HELP* VETERANS' ROCK *HELP* VETERANS!**
July 10, 2024

For more information, go to WyoGives.org

VETERANS' ROCK

to host a

VETERANS' STAND DOWN for ALL veterans!

(Proof of military service required at the door)

You may not be in need financially but, you may have questions about insurance, taxes, wills and estate planning. Who knows what you might learn. Come take a look around!

Thursday, August 29, 2024

10:00 am – 2:00 pm

The Forum 619

619 South Greeley Hwy., Cheyenne

(just a 1/2 block south of Veterans' Rock)

INFORMATION, RESOURCES, AND SERVICES AVAILABLE:

health care, veteran benefits, insurance, housing, employment, education, bike repair, substance abuse treatment, suicide prevention, veterinarian care (bring your service animal), hair cuts, and lots of other community resources for veterans only.

Door prize drawings for free stuff, too.

**For more information and to reserve
a free resource table,
call VETERANS' ROCK, 307-514-0035.**