

# VETERANS' ROCK

Let  
Freedom  
Ring

605 S. Greeley Highway. Suite 1  
Cheyenne, WY 82007, 307-514-0035  
veteransrockchey@gmail.com/veteransrockchey.org  
501(c)(3)

I pledge  
allegiance to the  
flag of the  
United States of  
America

APRIL 2024



**Thank you**  
to all who donate  
to our Veterans  
every day!



**Remember:**  
Earth Day, April 22  
National Military Brats Day, April 30  
May is National Military Appreciation Month

## VETERANS' ROCK MISSION:

**ROCK** solid support for, veterans and active duty in need, their families, and service animals. We will help to lessen the burden of mental injury and fight to overpower veteran suicide. They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.  
**ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD**

### CLOTHING AND PERSONAL CARE NEEDS:

- Clothing:** We do not need any clothing at this time—thank you all!
- Misc:** small luggage bags with wheel, reading glasses
- Personal care:** small pump bottles of hand sanitizer, individual bottles of hand sanitizer

### FOOD PANTRY NEEDS:

- Canned:** spam, roast beef
- Misc:** sliced loaves of bread, small bottles cooking oil, olive oil, eggs
- Fresh produce:** carrots and celery

We need medium size crock pots and small microwaves, please.

### HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing they need **small** apartment size furniture: All we need right now are love seats, recliners.

**Because of Garff Ford's generosity, we have brand new kitchen tables and chairs, dressers, end tables, living room chairs, vacuums, and inflatable mattresses. Thank you Garff Ford of Cheyenne!!**

### VETERANS ROCK WOULD LIKE:

military memorabilia for our display case.



Veterans Rock has helped 639 veterans since opening in July of 2020.



We at Veterans' Rock will be saying goodbye on April 30 to Regina Dodson who has been our program manager for over a year and a half.

Regina, you have given so much to many, many veterans in need and so much to Veterans' Rock, our staff and volunteers—we appreciate you! As you ride off into retirement once again, may you continue to enjoy life at it's best while catching up on your time camping, fishing, and being a cowgirl.

**We will miss you!**



At the same time we thank Regina for her time and expertise, we want to introduce Kelsea Warren who will be our new executive director. Please stop in and say hello as she gets to know all about Wyoming and all about the wonderful things we do together as a community for veterans!

We are happy to have her with us.  
**Welcome Kelsea!**

**Combat Veterans  
Motorcycle Association  
Veterans and Military Celebration  
on the Plaza Saturday, June 8**

We promised you some exciting news Cheyenne, and here it is!  
Combat Veterans Motorcycle Association WY 36-2 is hosting the first ever Veterans and Military Celebration on the Plaza.  
Bands, beer, food, and fun!  
Announcing the opening band Cheyenne's own Black White Blues Band!

**Our count of veterans and their families we have helped since opening in July of 2020, 639.**

**Of these Veterans, we have helped:**

- 322 with food, 181 with gas cards,**
- 38 with food cards, 248 with clothing,**
- 40 nights of hotel rooms, 138 with furniture,**
- 171 with household goods,**
- 23 with bikes, 4 with a car,**
- 31 with car repairs,**
- 48 with laundry and/or showers,**
- 7 with phones, 13 with computers,**
- 55 with gear,**
- 67 with some form of transportation,**
- 45 with direct advocacy assistance, and**
- 43 with misc. expenses for rent, utilities, car tags, deposits, school fees, and household repairs.**

For ALL veterans—needing insurance but don't know where to start, or think you can't afford insurance, or have TRICARE for Life and think you need nothing else?

AP Benefit Solutions is here to help you answer those questions.

All veterans and active duty military are welcome to stop by VETERANS' ROCK on the 1st and 3rd Tuesdays of the month from 12:30pm till 4pm to find out what your options are.

**Free,**  
no obligation Q & A.

**For more info, call 307-399-0940.**

We are happy to announce Veterans' Rock has given four donated cars to four deserving veterans.

We now we have a fifth car to give to a deserving veteran.  
We are so thankful to those of you who have given us cars to give to veterans!

If you know a veteran who is working or going to school and is without their own transportation, have them call Veterans' Rock for an application.



**Thank you!**

YOU  
JOINED  PARTY!

---

and we want to thank all of you who  
came and supported Rotary After Hours  
and Veterans' Rock at their



We at Veterans' Rock  
are so *very thankful* to

*Rotary After Hours*

for allowing us to share in 50%  
of *their* proceeds for the  
second year in a row!

Together, we did so very well!!





# OPERATION ZERO

Zero Veterans Attempt Suicide



**What: 9th Annual Operation Zero  
Fundraiser**

**When: April 27, 2024  
12:00 p.m.**

**Where: American Legion Post 6  
2001 E. Lincolnway, Cheyenne, WY 82001**

**Sponsored by: Viet Nam Vets Legacy Vets MC  
Hell On Wheels Chapter, WY**



Proceeds from the event go towards Veterans' causes and local organizations devoted to Veterans' Suicide Prevention, Awareness, and Mental Health.

**Veterans  
Crisis Line**



**DIAL 988 then  
PRESS 1**

Merchandise Vendors

Silent Auction

Raffle Items

Door Prizes

50/50 Raffle

Food (per state guidelines)

For more information,

Contact Buddha (307-286-4939)  
or any Hell on Wheels Chapter  
VNVLV MC Member



Save the date: July 10, 2024



**WYO  
GIVES**

[WyoGives.org](http://WyoGives.org)

*Help  
Veterans*



*Help  
Veterans*

A POWERFUL, STATEWIDE 24-HOUR, ONLINE  
FUNDRAISING EVENT  
THAT IS DESIGNED TO BRING WYOMING TOGETHER  
AS ONE COMMUNITY  
TO RAISE MONEY AND AWARENESS FOR  
WYOMING'S NONPROFITS—  
**INCLUDING VETERANS' ROCK.**

***HELP* VETERANS' ROCK *HELP* VETERANS!**  
**July 10, 2024**

**For more information, go to [WyoGives.org](http://WyoGives.org)**



# VETERANS' ROCK

to host a

## VETERANS' STAND DOWN for ALL veterans!

(Proof of military service required at the door)

You may not be in need financially but, you may have questions about insurance, taxes, wills and estate planning. Who knows what you might learn. Come take a look around!

**Thursday, August 29, 2024**

**10:00 am – 2:00 pm**

**The Forum 619**

**619 South Greeley Hwy., Cheyenne**

**(just a 1/2 block south of Veterans' Rock)**

### INFORMATION, RESOURCES, AND SERVICES AVAILABLE:

health care, veteran benefits, insurance, housing, employment, education, bike repair, substance abuse treatment, suicide prevention, veterinarian care (bring your service animal), hair cuts, and lots of other community resources for veterans only.

Door prize drawings for free stuff, too.

**For more information and to reserve  
a free resource table,  
call VETERANS' ROCK, 307-514-0035.**