


Let
Freedom
Ring

VETERANS' ROCK

605 S. Greeley Highway. Suite 1
Cheyenne, WY 82007, 307-514-0035
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501(c)(3)

I pledge
allegiance to the
flag of the
United States of
America

MARCH 2024 



Thank you
to all who donate
to our Veterans
every day!



Remember:
K-9 Veterans' Day, March 13
National Metal of Honor Day, March 25
Nat'l Vietnam War Veterans' Day, March 29

VETERANS' ROCK MISSION:

Rock solid support for, veterans and active duty in need, their families, and service animals. We will help to lessen the burden of mental injury and fight to overpower veteran suicide. They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.
ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD

CLOTHING AND PERSONAL CARE NEEDS:

- Clothing:** We do not need any clothing at this time—thank you all!
- Misc:** Large duffle bags, military tie-tacks
- Personal care:**

FOOD PANTRY NEEDS:

- Canned:** Spam
- Misc:** sliced bread, small bottles cooking oil, lg bottles of juice, pancake mix, butter, coffee, box spaghetti
- Fresh produce:** potatoes, onions



Thank you so much!!

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

- When veterans get housing they need **small** apartment size furniture: kitchen tables and chairs, love seats, recliners, small dressers, TV trays, night stands
- In general:** Straight Talk phones and minutes



VETERANS ROCK WOULD LIKE:

military memorabilia for our display case.



Veterans Rock has helped 628 veterans since opening in July of 2020.



JOIN PARTY

- ★ FREE to attend
- ★ Dinner available for purchase
- ★ Live Auction
- ★ Punch Box
- ★ Games
- ★ Raffles
- ★ All for a chance to win while supporting Laramie County Veterans!
- ★ Doors open @ 4pm, party starts @ 4:30pm

Cheyenne Rotary After Hours and VETERANS' ROCK are teaming up to raise money for



April 4, 2024

4:00 - 9:00pm

Lincolnway Event Hall
3839 E. Lincolnway, 82001

Cheyenne After Hours
Rotary 
supporting
veterans, education and
community projects

VETERANS' ROCK



Please support Rotary After Hours and VETERANS' ROCK at Thankful Thursday, April 4.
Lots of great auction items to bid on and lots more!
We need your support; it's really fun!

Combat Veterans Motorcycle Association
Veteran Military Appreciation Day
Saturday, June 8
Depot Plaza, Cheyenne

Our count of veterans and their families we have helped since opening in July of 2020, **628.**

Of these Veterans, we have helped:

- 301 with food, 180 with gas cards, 38 with food cards, 239 with clothing, 38 nights of hotel rooms, 132 with furniture, 160 with household goods, 22 with bikes, 4 with a car, 31 with car repairs, 48 with laundry and/or showers, 7 with phones, 12 with computers, 55 with gear, 67 with some form of transportation, 45 with direct advocacy assistance, and 43 with misc. expenses for rent, utilities, car tags, deposits, school fees, and household repairs.**

★ *For ALL veterans*—needing insurance but don't know where to start, or think you can't afford insurance, or have TRICARE for Life and think you need nothing else?
★ **AP Benefit Solutions** is here to help you answer those questions.
★ All veterans and active duty military are welcome to stop by **VETERANS' ROCK** on the 1st and 3rd Tuesdays of the month from 12:30pm till 4pm to find out what your options are.
★ Free, no obligation Q & A.
★ 605 S. Greeley Hwy.
★ For more info, call 307-399-0940.
★ Come see us on March 19, April 5 or 23.

We are happy to announce Veterans' Rock has given four donated cars to four deserving veterans.

We now we have a fifth car to give to a deserving veteran.
We are so thankful to those of you who have given us cars to give to veterans!

If you know a veteran who is working or going to school and is without their own transportation, have them call Veterans' Rock for an application.



Thank you!

Save the date: July 10, 2024



**WYO
GIVES**

WyoGives.org

*Help
Veterans*



*Help
Veterans*

A POWERFUL, STATEWIDE 24-HOUR, ONLINE
FUNDRAISING EVENT
THAT IS DESIGNED TO BRING WYOMING TOGETHER
AS ONE COMMUNITY
TO RAISE MONEY AND AWARENESS FOR
WYOMING'S NONPROFITS—
INCLUDING VETERANS' ROCK.

***HELP* VETERANS' ROCK *HELP* VETERANS!**
July 10, 2024

For more information, go to WyoGives.org

VETERANS' ROCK

to host a

VETERANS' STAND DOWN for ALL veterans!

(Proof of military service required at the door)

You may not be in need financially but, you may have questions about insurance, taxes, wills and estate planning. Who knows what you might learn. Come take a look around!

Thursday, August 29, 2024

10:00 am – 2:00 pm

The Forum 619

619 South Greeley Hwy., Cheyenne

(just a 1/2 block south of Veterans' Rock)

INFORMATION, RESOURCES, AND SERVICES AVAILABLE:

health care, veteran benefits, insurance, housing, employment, education, bike repair, substance abuse treatment, suicide prevention, veterinarian care (bring your service animal), hair cuts, and lots of other community resources for veterans only.

Door prize drawings for free stuff, too.

**For more information and to reserve
a free resource table,
call VETERANS' ROCK, 307-514-0035.**



Calling All Middle School Students!

Share your ideas and show off your civics skills in the National Civics Bee.

LOCAL

\$500
cash prize
FIRST PLACE

\$250
cash prize
SECOND PLACE

\$125
cash prize
THIRD PLACE

STATE

\$1,000
cash prize
FIRST PLACE

\$500
cash prize
SECOND PLACE

\$250
cash prize
THIRD PLACE

NATIONAL

State Finalists who advance to the national competition will compete for prizes worth more than **\$50,000**.

About the Bee

The National Civics Bee is an annual competition that encourages young Americans to engage in civics and contribute to their communities. In the first round of the contest, students will participate in an essay competition. Judges will then select 20 finalists to participate in the final round: a live quiz event testing civics knowledge.

How to Enter

If you are a 6th, 7th, or 8th grade student with an idea about using civics to solve a problem in your community, review the rules and guidelines on this page:

CheyenneChamber.org/Civics-Bee
(case sensitive)

Next, complete the online submission form, including contact information for your parent or guardian, and upload (preferred method) or mail your 500-word essay.

DEADLINE: Essays must be received by January 8, 2024 at 11:59 p.m. [U.S. TIMEZONE]

Greater Cheyenne Chamber of Commerce
121 W. 15th Street
Cheyenne, WY 82001
307.638.3388

The National Civics Bee is presented by the Greater Cheyenne Chamber of Commerce with support from the U.S. Chamber of Commerce Foundation.