

Let
Freedom
Ring

VETERANS' ROCK

605 S. Greeley Highway. Suite 1
Cheyenne, WY 82007, 307-514-0035
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501(c)(3)

January 2024

I pledge
allegiance to the
flag of the
United States of
America



Thank you
to all who donate
to our Veterans
every day!



VETERANS' ROCK MISSION:

Rock solid support for, veterans and active duty in need, their families, and service animals.
We will help to lessen the burden of mental injury and fight to overpower veteran suicide.
They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD

CLOTHING AND PERSONAL CARE NEEDS:

Clothing: We do not need any clothing at this time—thank you all!

Misc: Large duffle bags, military tie-tacks

Personal care:

FOOD PANTRY NEEDS:

Canned: We thank you for your generosity!
No canned goods are needed at this time

Misc: 1/2 gallons of whole milk (please no 1%), eggs

Thank you so much!!



HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing
they need **small** apartment size furniture:

kitchen tables and chairs, love seats, recliners, small dressers,
TV trays, night stands

In general: Straight Talk phones and minutes



VETERANS ROCK NEEDS:

Tri-cut file folders and file folder prongs.

We are helping on average of 15-18 new veterans every month; we need these to keep track of their information.



**Veterans Rock has helped 595 veterans
since opening in July of 2020.**



AmVets, Post 10

has volunteered to improve the upstairs meeting area at Veterans' Rock!! They are going to supply the materials and time to paint and carpet the entire space.

We will have the first work day on Saturday, January 27 starting at 11am.

We will need help moving all the things stored up stairs around the room as their volunteers paint walls.

If you can lend a hand, please sign up. We will appreciate any time you can give us!



Help Needed!

Veterans need advocates

to help them with a variety of things:
obtaining DD-214s, state IDs,
help with VA benefits,
and help applying for SSDI.

You can use our computers, files, phones,
office supplies,
and our copy/scanning machines.

Let us know if you have a
couple hours a month to help
tackle some of these challenges. These
road blocks keep some of our veterans
from being
self sufficient and
financially independent.

Give us a call if you would
be willing to assist.

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆
For ALL veterans—needing insurance but don't know where to start, or think you *can't* afford insurance, or have TRICARE for Life and think you need nothing else?

☆☆ **AP Benefit Solutions** is here to help you answer those questions.

☆☆ All veterans and active duty military are welcome to stop by **VETERANS' ROCK** on the 1st and 3rd Tuesdays of the month from 12:30pm till 4pm to find out what your options are.

☆☆ **Free**, no obligation Q & A. 605 S. Greeley Hwy.
For more info, call 307-399-0940.

**Come see us on
February 6, or February 20.**

**Our count of veterans and their families we have helped since opening in July of 2020,
595.**

Of these Veterans, we have helped:

**197 with food, 159 with gas cards,
38 with food cards, 234 with clothing,
38 nights of hotel rooms, 126 with furniture,
154 with household goods,
22 with bikes, 4 with a car,
29 with car repairs,
48 with laundry and/or showers,
7 with phones, 12 with computers,
55 with gear,
65 with some form of transportation,
45 with direct advocacy assistance, and
40 with misc. expenses for rent, utilities,
car tags, deposits, school fees, and
household repairs.**

We are happy to announce Veterans' Rock has given four donated cars to four deserving veterans.

**We now we have a fifth car to give to a deserving veteran.
We are so thankful to those of you who have given
us cars to give to veterans!**

If you know a veteran who is working or going to school and is without their own transportation, have them call Veterans' Rock for an application.



Thank you!

Surrounded in mountains of clothing and personal car items, St Paul's Lutheran Church members forged ahead. We are now much more organized and looking good!



Now, even the reading glasses we offer are in perfect order!

THANK YOU

From Heidi's LC Fair project, to our veteran...



28 pounder!

Thank you Heidi!!



then to his family's Thanksgiving table!!



Second Brigade Motorcycle Club, thank you for your *continued* support!!

Helping Veterans



The Cheyenne VA Pharmacy Service donated Christmas gift to a family with five kids! Thank you!!

VETERANS' ROCK IS SO GRATEFUL FOR EVERYTHING OUR COMMUNITY IS DOING FOR OUR VETERANS.

**2023 was a wonderful year for the veterans and their families who VETERANS' ROCK serves.
So many wonderful organizations gave us
Christmas gifts, monetary donations, food, furniture, clothing, and their time.**

Cheyenne Networking Group, thank you for your generous donation to our veterans!!



The Director for **Cheyenne Networking Group** Denise Bendori is putting business owners together to grow their businesses in a mutually beneficial way with local charities like Veterans' Rock. If you are an interested business owner who wants to grow their business, call Denise at 307-996-6556 and join up.



The FTC Vet Center and DAV gave lots of food and gift to our veteran families. Our veteran, Sherrie got to model the hand knitted hat and scarf. Thank you!!



CRMC Cardiac Services, Thank you so much for your generous Christmas donation to our veteran families!!



Lowes Distribution Center, thank you for giving to our veteran families!!



The Bonitatibus kids, with the help of their grandma, saved their own money and bought Christmas gifts for our veterans! So wonderfully generous!! Thanks kids!!



Wyoming Hunger Initiative, Harding Ranch, AmVets, thank you for giving to our veterans!!

JOIN PARTY

- ★ FREE to attend
- ★ Sloppy Joe dinner available for purchase
- ★ Live Auction
- ★ Punch Box
- ★ Games
- ★ Raffles
- ★ All for a chance to win while supporting Laramie County Veterans!
- ★ Doors open @ 4pm, party starts @ 4:30pm

Cheyenne Rotary After Hours and VETERANS' ROCK are teaming up to raise money for



April 4, 2024

4:00 - 9:00pm

Lincolnway Event Hall
3839 E. Lincolnway, 82001

Cheyenne After Hours
Rotary



**VETERANS'
ROCK**



VETERANS' ROCK

to host a

VETERANS' STAND DOWN for ALL veterans!

(Proof of military service required at the door)

You may not be in need financially but, you may have questions about insurance, taxes, wills and estate planning. Who knows what you might learn. Come take a look around!

Thursday, August 29, 2024

10:00 am – 2:00 pm

The Forum 619

619 South Greeley Hwy., Cheyenne

(just a 1/2 block south of Veterans' Rock)

INFORMATION, RESOURCES, AND SERVICES AVAILABLE:

health care, veteran benefits, insurance, housing, employment, education, bike repair, substance abuse treatment, suicide prevention, veterinarian care (bring your service animal), hair cuts, and lots of other community resources for veterans only.

Door prize drawings for free stuff, too.

For more information and to reserve
a free resource table,

call **VETERANS' ROCK**, 307-514-0035.