VETERANS' ROCK

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October 2023



VETERANS' ROCK MISSION

Rock solid support for, veterans and active duty in need, their families, and service animals We will help to lessen the burden of mental injury and fight to overpower veteran suicide, They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

SERVING VETERANS AND ACTIVE DUTY, THEIR FAMILIES AND SERVICE ANIMALS ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD

CLOTHING AND PERSONAL CARE NEEDS:

Clothing: size10.5 tennis shoes, size 8 & 10 winter boots, large and extra large long johns both tops & bottoms, ski masks, X-large winter gloves, white and black tube socks

Large roller duffle bags

Personal care: Ig cans shaving cream, fingernail & toenail clippers

FOOD PANTRY NEEDS:

Canned: corned beef hash Misc: bottles of juice, 1/2 gallons of whole milk (please no 1%), regular coffee **Meat**: Thanks to our generous community, we have plenty of beef and pork

Thank you so much!

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing they need **small** apartment size furniture: kitchen tables and chairs, love seats, recliners small dressers, TV trays, night stands, end tables

We always need small furniture but right now we are in need of recliners and love seats please.

> **VETERANS ROCK NEEDS:** All our needs have been met. Thank you!

Veterans Rock has helped 479 veterans since opening in July of 2020.





The Street Dog Coalition will be hosting a free clinic for any pet owner experiencing, or at risk of homelessness including and *especially veterans*.



Saturday, October 21 10am-3pm in Holiday Park

Veterans need advocates

to help them with a variety of things: obtaining DD-214s, state IDs, help with VA benefits, and help applying for SSDI. You can use our computers, files, phones, office supplies, and our copy/scanning machines. Let us know if you have a couple hours a month to help tackle some of these challenges that keep some of our veterans from being self sufficient and financially independent. Give us a call if you would be willing to assist.

Thank you to: AHEPA Cowboy Chapter 211



and everyone listed below who helped with this wonderful fundraiser. THANK YOU !!!

VETERANS' ROCK *THRIFT STORE* IS CLOSING

to make more room for our veterans' needs. We have a very limited amount of space and we need to expand our veteran service area. The thrift store will be replaced with a more private reception and waiting area, and intake offices to be able to help more than one veteran at a time. We will still offer the same services to our

veterans as we have for the last three years—*only better!*

VETERANS' ROCK is not taking any donations except for *items veteran can use:*

food, small furniture, household goods, *some* clothing.





SAM RUNYAN I INDEPENDENT BRANCH LEADER AND FINANCIAL CONSULTANT

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