VETERANS' ROCK

605 S. GREELEY HIGHWAY. SUITE 1 CHEYENNE, WY 82007, 307-514-0035 **VETERANSROCKCHEY@GMAIL.COM** 501(C)(3)

AUGUST 2023





Wyoming Hunger Initiative gave Veterans' Rock a grant to purchase a freezer. Finally, we don't have to ask to borrow freezer space.

Thank you WHI !!

VETERANS' ROCK MISSION.

Rock solid support for, veterans and active duty in need, and their families, We will help to lessen the burden of mental injury and fight to overpower veteran suicide, They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

> SERVING VETERANS AND ACTIVE DUTY, THEIR FAMILIES AND SERVICE ANIMALS ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD

CLOTHING AND PERSONAL CARE NEEDS:

Clothing: Medium & large long johns, tops & bottoms

Personal care: Large bottles of shampoo

THANK YOU SO MUCH!

FOOD PANTRY NEEDS:

Canned: chili

Misc: pancake syrup, eggs, butter, salad dressing, Worcestershire sauce, steak sauce, mustard, catsup, bottled water, coffee creamer, bottles of juice

Meat: Thanks to our generous community, we have plenty of beef and wild game.

Thank you so much!

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing they need small apartment size furniture: kitchen tables and chairs, love seats, small dressers, recliners, coffee tables, end tables, night stands

Just in general: toasters, microwaves, coffee pots, coffee filters, dryer sheets, sm bottles floor cleaner (Pine Sol), paper towel

We always need small furniture. Each month, we give 3-4 veterans furniture for their new apartments.

VETERANS ROCK NEEDS:

Postage stamps



Veterans Rock has helped 452 veterans since opening in July of 2020.



Veterans' Rock has raffle tickets for sale for the

Cars, Cigars, & Guitars Under the Stars Motorsport Raffle for a NEW 2022 ZFORCE 950 H.O. SPORT. Valued at \$15,500.

\$25.00 ea. or 5/\$100. Drawing held the night of the event, Saturday, August 19—see flyer next page.

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MOTORSPORT RAFFLE	i
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Please buy your tickets now!

You could be a winner!

Time is running out for a chance to win!

Thank you to all who gave to Veterans'
Rock during the WyoGives fundraiser July 12th.
We did well our first time in this virtual arena and
will do even better next year.



VETERANS' ROCK will NOT be hosting our Veterans' Stand Down this year.

The VA hospital will be hosting a Resource Fair/Stand Down; VR will have a table there at the VA's event to let veterans know—

VETERANS' ROCK is here for them at 605 S. Greeley Hwy.
Tue-Fri, 10am-4pm & Sat, 10am-2pm or by appt.

It's a Stand Down every day at VETERANS' ROCK!



We really would appreciate it very much if you would signup to volunteer for

Cars, Cigar, & Guitars Under the Stars;
Please copy and past this link into your browser:

https://www.signupgenius.com/go/60b094aa8af28aafe3-cars1#/

VETERANS' ROCK THRIFT STORE

Open to the public Tuesday-Friday, 10am to 4pm & Saturdays, 10am-2pm.

Sales from our thrift store help pay the rent and utilities so we are able to keep the doors open to help struggling veterans and their families.

Everything in the thrift store has been donated by people who care about our veterans. Because of your generous donations, we are able to offer,

for free, to our veterans and their families things

they cannot afford right now.

Great prices and new items come in every day! Come find a treasure. Ask for a tour.

All proceeds go to veterans in need and their families.



Veterans need advocates to help them with a variety of things: obtain DD-214s, state IDs, help with VA benefits, and help applying for SSDI. You can use our computers, files, phones, office supplies, and our copy/scanning machines. Let us know if you have a couple hours a month to help tackle some of these challenges that keep some of our veterans from being self sufficient and financially independent. Give us a call if you would be willing to assist.

Thank you

to all who donate to our Veterans every day!
We could not give them what they need without <u>YOU!</u>



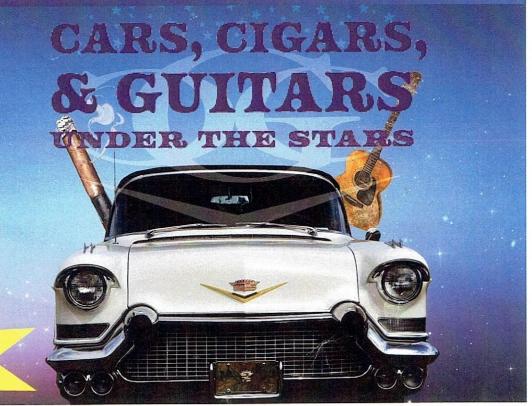
An AHEPA Cowboy Chapter 211 Community Charity Event



Premier Underwriter







The premier charity Classic Car Show in the Tri-State region. Automotive enthusiasts celebrating the motoring lifestyle & improving the community along the way!

DATE: SATURDAY, AUGUST 19 • 3PM-8PM LOCATION: CFD EXHIBITION HALL

LIVE MUSIC: MR. BYRD & THE PERFECT STRANGERS

BUY TICKETS ONLINE: CarsCigarsGuitars.com

2023 CHEYENNE CHARITIES: <u>VETERANS' ROCK</u>, WYOMING BREAST CANCER

INITIATIVE, SOUTH SIDE SLUGGERS & COATS FOR KIDS

Limited capacity, deadline for vehicle applications & event tickets 8/1/2023.

For more information or tickets:

www.carscigarsguitars.com







Join Us and Share the Adventure Thursday, August 24, 2023 11am-6pm at Curt Gowdy State Park

Explore adaptive sports with Adaptive Adventures, the Cheyenne VA Medical Center and Curt Gowdy State Park. Bring your family for a FREE fun-filled, experiential and social day including cycling, climbing on a mobile rock wall, kayaking, paddleboarding and a dragon boat racing experience.

Enjoy socializing with our amazing community of participants, volunteers, partners and staff over a free picnic lunch.

Trying adaptive sports for the first time? Interested in honing your skills? Looking for camaraderie? We have something for everyone to get engaged!

This program is open to all ages and abilities. Adaptations and modifications will be provided for children, adults and veterans with physical disabilities and their families. Preregistration is highly suggested, in the event of inclement weather registrants will receive updates via email and posted on our website.

To register visit: AdaptiveAdventures.org

For more info and questions email info@adaptiveadventures.org









SCAN ME