

VETERANS' ROCK

605 S. GREELEY HIGHWAY. SUITE 1
CHEYENNE, WY 82007, 307-514-0035
VETERANSROCKCHEY@GMAIL.COM

501(C)(3)

MAY 2023



Armed Forces
Day,
20 May.
Memorial Day,
29 May.



Veterans' Rock received a grant
from Kiwanis to send veterans' kids
to the City of Cheyenne's
Outdoor Adventure Program.
Thank you Kiwanis!

VETERANS' ROCK MISSION:

Rock solid support for, veterans and active duty in need, and their families,
We will help to lessen the burden of mental injury and fight to overpower veteran suicide,
They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

**SERVING VETERANS AND ACTIVE DUTY
ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD**

CLOTHING AND PERSONAL CARE NEEDS:

Jeans: 32/34, 32/36, 33/34, 33/36

Personal care: sun screen, small bottles of lotion



FOOD PANTRY NEEDS:

Boxed: Tuna Helper

Canned: peas, chili, ravioli

Misc: regular coffee (no decaf please), small bags of flour

Meat: Thanks to our generous community, we have plenty of beef and wild game. Thank you so much!

**THANK YOU
SO MUCH!**

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing they need **small** apartment size furniture:
kitchen tables and chairs, love seats, small dressers, recliners,
coffee tables, end tables, night stands

Just in general: toasters, microwaves, coffee pots, coffee filters,
dryer sheets, sm bottles floor cleaner (Pine Sol), paper towel

We always need furniture.
Each month, we give 3-4 veterans furniture for their new apartments.



VETERANS ROCK NEEDS:

Dozen-size egg cartons, empty coffee cans, sandwich size Ziplock bags,
copy paper, lint rollers,

Veterans Rock has helped **417** veterans
since opening in July of 2020.



Come Help VFW Post 11453

Saturday May 6th, 2023
10:00am - 2:00pm

Proceeds go to
Veterans' Rock



614 South Greeley Highway
Cheyenne, WY

- Bike Round-up
- Bake Sale
- Membership Drive
- Poppy Drive



vfw11453.org

An AHEPA Cowboy Chapter 211 Community Charity Event



Premier
Underwriter

charles SCHWAB
San Ramon - Cheyenne

**CARS, CIGARS,
& GUITARS**
UNDER THE STARS



4th
Annual!

The premier charity Classic Car Show in the Tri-State
region. Automotive enthusiasts celebrating the motoring
lifestyle & improving the community along the way!

DATE: SATURDAY, AUGUST 19 • 3PM-8PM
LOCATION: CFD EXHIBITION HALL

LIVE MUSIC: MR. BYRD & THE PERFECT STRANGERS

BUY TICKETS ONLINE: CarsCigarsGuitars.com

2023 CHEYENNE CHARITIES: VETERANS' ROCK, WYOMING BREAST CANCER

INITIATIVE, SOUTH SIDE SLUGGERS & COATS FOR KIDS

Limited capacity, deadline for vehicle applications & event tickets 8/1/2023.

For more information or tickets:

www.carscigarsguitars.com



Thank you
to all who have
donated to our
Veterans. We could not be doing
what we are without you!
We are able to help our
veterans more and more
each day because of

VETERANS' ROCK THRIFT STORE

Open to the public

Tuesday-Friday, 10am to 4pm & Saturdays, 10am-2pm.

Sales from our thrift store help pay the rent and
utilities so we are able to keep the doors open to help
struggling veterans and their families.

Everything in the thrift store has been donated by
people who care about our veterans. Because of
your generous donations, we are able to offer,
for free, to our veterans
and their families things
they cannot afford right
now.

Great prices and new
items come in every day!

Check us out; come find a
treasure. Ask for a tour.

All proceeds go to veterans in need and their families.

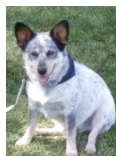


Veterans need advocates to help them with
a variety of things: obtain DD-214s, state IDs, help
with VA benefits, and help applying for SSDI.

You can use our computers, files, phones,
office supplies, and our copy/scanning
machines. Let us know if you have a couple
hours a month to help tackle some of these
challenges that keep some of our veterans from
being self sufficient and financially independent.

**Give us a call if you would
be willing to assist.**

COL. MOSBY'S CORNER—



Colonel Mosby would like to introduce Minnie
and her veteran Chris. Chris found Minnie through
a friend when she was only 4 months old; she is now
5. Chris was in the US Army as a SPC for 8 years. He
went into the National Guard part-time as a helicopter engine
repairman then went full time with the National Guard Military
Police in California. He is now retired and is a member of the
Cheyenne Elks Lodge for whom Minnie became the mascot
and was dubbed by the bartender, as the official "bark" back.
Chris does a lot of volunteer work with the Elks as an Inner
Guard and Membership Coordinator.

Minnie helps Chris with his PTSD and seizures. She is
both mental and physical support for Chris. As a
true lover of people, Minnie was tested and
immediately passed to become a candidate for
Go Team Therapy Dogs in Colorado Springs,
quite an achievement. Thank you, Minnie for
letting us get to know you and your veteran.





**This
Saturday**

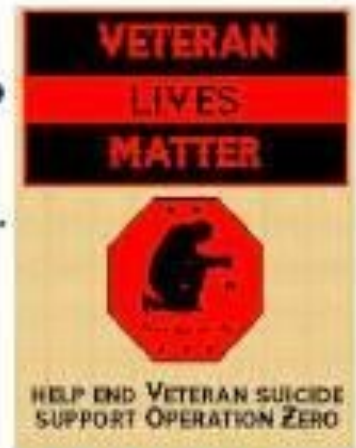
**22 VETERANS
DIE BY SUICIDE EVERY DAY.
YOU CAN HELP CHANGE THAT**

**This
Saturday**



**What: 8th Annual Operation Zero
Fundraiser**

When: April 29th, 2023 12:00 p.m.



Where: American Legion Post 6, 2001 E. Lincolnway, Cheyenne, WY 82001

Who: Viet Nam Vets Legacy Vets MC, Hell On Wheels Chapter, WY

**Proceeds from the event go towards Veterans' causes and local organizations
devoted to Veterans' Suicide Prevention, Awareness, and Mental Health.**

**Veterans
Crisis Line**



**1-800-273-8255
PRESS 1**

Merchandise Vendors

Silent Auction

Raffle Items

Door Prizes

50/50 Raffle

Food

(per state guidelines)

For more information,

Contact Buddha (307-286-4939)

or any Hell on Wheels Chapter VNVLV MC Member

