

VETERANS' ROCK

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MARCH 2023



Fly the flag for
National
Vietnam War
Veterans Day,
March 29.



Join us for Thankful Thursday,
March 30!!!
Rotary After Hours has invited
Veterans' Rock to join in their
Thankful Thursday!!!

VETERANS' ROCK MISSION:

- Rock solid support for, veterans and active duty in need, and their families.
- We will help to lessen the burden of mental injury and fight to overpower veteran suicide
- They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

**SERVING VETERANS AND ACTIVE DUTY
ALL BRANCHES, ALL RESERVES, AIR AND ARMY GUARD**

CLOTHING ROOM NEEDS:

Because of your generosity, our veterans have lots of very nice, good quality clothing from which to choose. Thank you so very much!



FOOD PANTRY NEEDS:

Canned: great northern, garbanzo, and kidney beans, apple sauce, ready-made soups
Misc: 1/2 gallons of milk, eggs, mayonnaise, butter, 4# bags of flour,

Thank you!

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

When veterans get housing they need **small** apartment size furniture: kitchen tables and chairs, love seats, small dressers, recliners, coffee tables, end tables, night stands

Just in general: phones with minutes

Special requests: blenders

Give us a call before bringing furniture, please.



VETERANS' ROCK NEEDS:
copy paper, 2023 calendars, lint rollers

Thankful Thursday, March 30, Lincolnway Event Center, 3839 E Lincolnway
To benefit Rotary After Hours and Veterans' Rock



Our count of new veterans and their families VR has helped since opening in July of 2020, **371.**

In February, we helped 17 new veterans and 21 returning.



Come take a look at what we have in our thrift store. Lots of treasures, vintage and antique items at reasonable prices.



Lots of art work & frames



Very nice Oak dresser with cedar lined drawers, \$500

Stuffed therapy pets, battery operated.



This and that miscellaneous treasures

Veterans need advocates to help them get things like a DD-214, state IDs, help with VA benefits, help applying for SSDI, and lots of other things that are true obstacles to them. If you are good at paperwork, organizing, and communicating, Veterans' Rock would like you to be a part of the **ROCK solid support we offer our veterans in need. You can use our computers, files, phones, office supplies, and our copy/scanning machines. Let us know if you have a couple hours a week to tackle some of these challenging things that keep some of our veterans from being self sufficient and financially independent. Give us a call if you would be willing to assist in this way.**

Thank you to all who have donated to our Veterans. We could not be doing what we are without you! We are able to help our veterans more and more each day! because of **YOU!**

VETERANS' ROCK THRIFT STORE
 Open to the public
 Tuesday-Friday, 10am to 4pm & Saturdays, 10am-2pm.
 Sales from our thrift store help pay the rent and utilities so we are able to keep the doors open to help struggling veterans and their families.
 Everything in the thrift store has been donated by people who care about our veterans. Because of your generous donations, we are able to offer, **for free**, to our veterans and their families things they cannot afford right now.
 Great prices and new items come in every day!
 Check us out; come find a treasure. *Ask for a tour.*
All proceeds go to veterans in need and their families.



COL. MOSBY'S CORNER—
 Colonel Mosby would like to introduce General Lee a husky German shepherd mix and his veteran Roy. Roy spent eight years in the Navy as a torpedomen's mate and four years in the Army as a light wheel mechanic. He moved to Cheyenne from Utah in 2019. Roy adopted General Lee about seven months ago from the Cheyenne Animal shelter. General Lee was in the shelter as a rescue from Texas abandoned either by illegals or because of the floods. Fortunately, he was only there for two days when Roy met him—it was love at first sight! They hit it off with flying colors and General Lee became the third dog in Roy's family. General Lee joined Service Dog, Minnie (who belongs to Roy's brother) and puppy, Bandit. General Lee loves playing with his toys and even shares with Minnie and Bandit. Thank you General Lee for letting us get to know you and your veteran.



VETERANS' ROCK needs help from auto mechanics in our community to assist with minor car repairs for our veterans. We received a grant from AARP for transportation needs and now we need mechanics willing to do the work. Next to shelter and food, transportation, including car repair, is greatly needed. Give us a call if you can help, 307-514-0035.

