

VETERANS' ROCK

605 S. GREELEY HIGHWAY. SUITE 1

CHEYENNE, WY 82007

307-514-0035

501(C)(3)

JUNE/JULY 2022 NEWSLETTER

Happy
Father's Day!



We will be closed for the
new federal holiday,
Juneteenth on
Monday, June 20th.

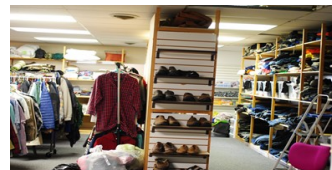
VETERANS' ROCK MISSION:

- Rock solid support for homeless veterans, veterans in need, and their families.
- We will be their foundation on which to build a new household and a new life.
- We will give them substance and nourishment.
- We will be their staff to help guide them through tough times offering useful information and ways to communicate.
- We will help to lessen the burden of mental injury and fight to overpower veteran suicide through a welcoming presence in a warm, comfortable environment.
- They fought for our freedom; now we must help them live free of everyday burdens in small, but impactful ways.

CLOTHING ROOM NEEDS

We want to thank everyone for all of your support with clothing.

The only thing we need is a couple size 30 belts,
medium boxer briefs & boxers (please no white).



FOOD PANTRY NEEDS:

Individual packages of: snack puddings

Boxed: hamburger helper, tuna helper

Canned: spaghetti sauce, canned fruit, chili, ravioli

Misc: large bottles of juice, jelly, soft fresh fruit, dry dog food, small bottles of laundry soap & dish soap, bottled water, small bottles cooking oil, small bags of sugar

Meat: frozen beef and chicken. We take wild game as well.

We know how expensive groceries have become and really appreciate anything you can do to help. Thank you so very much!

HOUSEHOLD AND MISCELLANEOUS ITEMS NEEDED:

For when veterans get housing: small apartment size kitchen tables and chairs, bar stools, TV trays, recliners

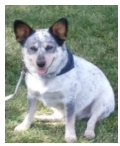
Just in general: Walking canes, track phones with minutes, bus tokens & passes, electric razors, general purpose cleaner, kitchen size trash bags, sunscreen, Kleenex, small trash cans, scrub buckets

Special requests: food processor, fishing pole



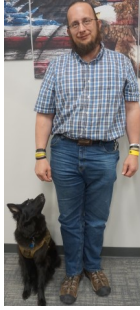
WE LOVE OUR VETERANS!





COL. MOSBY'S CORNER—

Greg got Penny as a 3 month old pup from the breeder as his other dog aged out at the same time he was diagnosed with nocturnal seizures so he needed to get a dog to travel with him to help assist if he had a grand seizure. He self trained her, she passed the CGC test at 10 months. He trained her at Rockine Dog Training in Laramie and continues to work with them to get the full certification once she is able to complete all the tasks in the allotted times required. She is a Belgian Sheepdog and her entire litter was sent to be service dogs. There were 2 dogs to choose from and she chose Greg and has been a faithful companion for the last 10 months. Thank you Penny for letting us get to know you and your veteran.



Thank you

to all who have donated to our veterans here in Laramie County, Northern Colorado, and Western Nebraska. We could not be doing what we are without you! We are now able to help our veterans more and more each day because of **YOU!**

Our count of veterans and their families we have helped since opening in July of 2020,

264.

Of these Veterans, we have helped:

135 with food, 56 with gas cards,

51 with food cards, 253 with clothing,

107 with furniture, 5 with bikes, 1 with a car,

49 with laundry and/or shower, 4 with phones,

11 with computers, 10 with city bus passes,

17 with hotel rooms, 2 Greyhound bus ticket,

and 27 with misc. expenses such as water bills, car tags, car insurance, & rent deposits.

24 of these veterans have a family and 126 are over 55 years of age.

VOLUNTEERS NEEDED

TO HELP IN OUR TRIFT STORE

If you have an hour or two a week or a month to give, we need volunteers to greet customers, make change and, explain why we are here.

Every day is busy as we help customers in the store and also take in donations.

It's great fun with lots of good conversation!

VETERANS' ROCK THRIFT STORE

Open to the public
Monday-Friday, 10am to 4pm & Saturdays, 10am-2pm

Sales from our thrift store help pay the rent and utilities so we are able to keep the doors open to help struggling veterans and their families.

Everything in the thrift store has been donated by people who care about our veterans. Because of your generous donations, we are able to offer, **for free**, to our veterans and their families things they cannot afford right now.

Great prices and new items every day! Check us out; come find a treasure. All proceeds go to veterans in need.



VETERANS' ROCK

to start home delivery of food to struggling, homebound veterans within the Cheyenne area. If you know of a homebound veteran who is struggling and who would benefit from this service, have them call 307-514-0035

to sign up for this program.

If you would be interested in volunteering to deliver food, please fill out a volunteer application.



VETERANS' ROCK is experiencing growing pains—how wonderful is that!

We have become so busy our volunteers can no longer sustain the activities and goings-on each day brings. We have made a decision to hire a Program Director; someone who can help with all the day to day stuff, lead fundraising, outreach, and write grants, to name just a few. However, we do not have the funding to do this right now.

We have opened an account for this very purpose. If you can help "Ensure the Future" for Veterans' Rock, we will, most definitely, appreciate every penny!

VETERANS ROCK

BROOM STICK POOL TOURNAMENT



Bring Your Own Broom!
Must be Stock-Top 6"
Must be able to Sweep the Floor

June 26, 2022

1:00 p.m.—??

Keg 'n Kork Liquors & Lounge - 822 Central Ave, Cheyenne, WY 82007

\$10 Entry Fee—Double Elimination

50/50 Raffle

Food (burgers and brats) available by donation

Proceeds to benefit “Veterans Rock” of Cheyenne



Sponsored by:

VNVLV MC

Hell on Wheels Chapter

&

Keg 'n Kork Liquors & Lounge



Questions Call: Buddha (307)286-4939 or Mad Max (307)631-9380

A decorative border of red stars surrounds the entire text area.

VETERANS' ROCK

605 S. Greeley Highway. Suite 1
Cheyenne, WY 82007
307-514-0035
veteransrockchey@gmail.com

**“We made it a whole 2 years”
Annual Celebration!
Saturday,
August 6, 2022
10am - 2pm**

**Take a look in our Thrift Store.
Register for door prizes.**
(All proceeds go to our veterans)

**Come see what you can do
for homeless & struggling
veterans, *and* their families.**

Piece of the ROCK

I had no coat, no shoes to wear,
and I needed some socks,
where would I go, what could I do,
I'll try a place called Veterans' Rock.

They helped me out, with all my needs,
their only want, was for me to succeed.

They fixed me up like no one's ever done,
helping them in return, seemed like so much fun.

I filled out a paper, I gave them a ring,
they said, "if we have it, we'll give you anything."
The staff, and the owner seemed so very awesome,
they didn't want my money, or hold me for ransom.

They helped put my life back together again,
I'm no longer a loser, but now I will win.
So, if you can help them in any way,
because of people like you, Veterans' Rock will stay!

William (Bill) Neil Ellis

Written March 5th, 2022

In memory of Bill who passed away April 3rd, 2022

We at Veterans' Rock were very honored to have served him.

VETERANS' ROCK

TO HOST

VETERANS' STAND DOWN

For Veterans **only** who may be struggling, at risk of becoming homeless, or who are homeless.

Tuesday, October 25, 2022
10:00 am – 2:00 pm

Forum 619
619 South Greeley Hwy.
Cheyenne, WY 82007

RESOURCES & INFORMATION AVAILABLE ON:

health care, suicide prevention, substance abuse treatment, veteran benefits, women veterans' needs, housing, employment, education, & other community resources.

SERVICES PROVIDED THE DAY OF THE STAND DOWN:

All to be announced as we become more organized.

For more information please contact:

VETERANS' ROCK, 307-514-0035.