

VETERANS' ROCK

605 S. GREELEY HIGHWAY. SUITE 1
CHEYENNE, WY 82007
307-514-0035

JANUARY 2021 NEWSLETTER
WE ARE A NEWLY FORMED 501(C)(3)



Veterans' Rock, Our Mission:

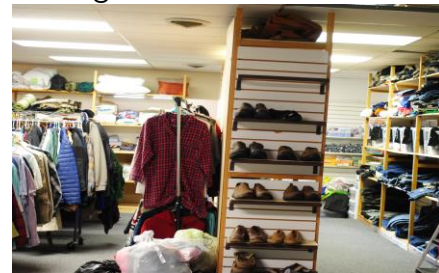
- Rock solid support for homeless veterans, veterans in need, and their families.
- We will be their foundation on which to build a new household and a new life.
- We will give them substance and nourishment.
- We will be their staff to help guide them through tough times offering useful information and ways to communicate.
- We will help to lessen the burden of mental injury and fight to overpower veteran suicide through a welcoming presence in a warm, comfortable environment.
- They fought for our freedom; now we must to help them live free of everyday burdens in small, but impactful ways.

Happy New Year!! We want to say thank you to all who have donated to Veterans' Rock. We also thank all the volunteers who have donated their time to this wonderful project. We cannot exist without your support. THANK YOU!!

Veterans' Rock needs for Veterans and their Families in the Clothing Room:

Jeans 30-30, 30-32, 32-30, 32-34, 34-30, 34-23,
Sweet Shirts, S, M
T-shirts S, M
White T-shirt M,
Boxer Briefs S, M,
Men's Razors
Laundry Soap
Toilet Paper
Winter Gloves

Food for the Homeless Veterans they can put
in their pockets and backpacks: individual snack crackers,
peanuts, granola bars, snack pudding, fruit, box juice



Household Items needed for Veterans who receive housing:

- Sm. Apt size kitchen tables
- Sauce and Frying pans
- Toaster Ovens
- Crock Pots
- Coffee Makers/w Filters
- Coffee mugs, sets of 2 or 4 that match
- Cans of Coffee
- Can Openers
- Shower Curtains/w Hooks
- Brooms/w Dustpans
- Flat screen TV's, 30" max
- Dish soap
- Laundry soap



Col Mosby's Corner



Col Mosby wants to introduce everyone to:

Trixie

Trixie is a Poodle Veteran Norm rescued 6yr ago from the animal shelter and trained to be a Service Dog. She is one of the most gentle, caring dogs you will ever meet. Trixie has a sense of knowing when someone in the group is either upset or their PTSD is heightened. She goes to that person and gets them to pet her. Smart dog!!

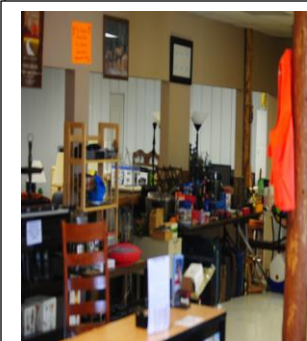
We are working with Volunteers of America and CDC Church to help veterans in every way possible. We would be happy to work with your organization to better assist our Veteran in need and their families.

January is National Health Awareness Month

This month in History: 1, January (1878) Emma M. Nutt becomes the first woman telephone operator. 1, January, (1908) The ball was first dropped at Times Square in New York City. 3, January (1870) Construction began on the Brooklyn Bridge 6, January (1838) Samuel Morse demonstrates the telegraph.

January was named for the Roman god Janus, known as the protector of gates and doorways, which symbolize beginnings and ends. Janus is depicted with two faces, one looking into the past, the other into the future—a fitting symbol for this first day of the year. It's natural for us to reflect on the past year and also look forward to the new.

NOTE: Veterans' Rock Thrift Store is having an **open house on the 30 Jan 2021 from 9am to 3pm**. Come in, look around, have a hot dog and some chile. We have lot of Knick-Knacks, large tables & chairs, 6ft couch, and lots of cool stuff. All proceeds go to purchase things veterans need.



Trivia: What fell on the Sahara on February 8, 1979?

Come take a look—we love VETERANS!

A PLEA FOR COOKIES

Veterans' Rock would like to offer coffee and cookies to veterans who come in for assistance, patrons who visit, and to folks who bring in donations.

We are here to support homeless and veterans in need and their families. Homemade goodies from our VSO community would be a wonderful way to say we care about our veterans!

We will highlight and thank the organization who donates the goodies with a sign acknowledging your homemade donation. Let's make their days SWEET!