

Article Archive

2021 -2016

2021

Pearl Harbor Food Drive

Trish - 11/11/2021



Food Drive for Veterans on December 7th
Remember our Veterans on
National Pearl Harbor Remembrance Day
and help those who are experiencing food insecurity
Please drop off non-perishable food at Veterans' Rock
605 S. Greeley Hwy
December 7, 10:00 to 4:00
Sponsored by
Veterans Rock
and
VFW Post 11453
Call 805-757-2125 or 307-421-6450
for information or to organize food pick up

Food Drive for Veterans on December 7th



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Please drop off non-perishable food at Veterans' Rock

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December 7, 10:00 to 4:00

Sponsored by

VETERANS' ROCK



POST 11453

Call 805-757-2125 or 307-421-6450 for information or to organize food pick up

[Flyer](#)

Little Pantry

Jim Bush - 10/11/2021



Little Pantry Set up and ready for use!

Well done. Thank you to everyone involved with this project.

COMPETITION CLOSED.

Artist Call: Little Pantry

VFW Post 11453 and Veterans' Rock are seeking an artist (team of artists) to decorate/finish a Little Pantry that will be placed in front of the Veterans' Rock facility, 605 S. Greeley Hwy, Suite 1, Cheyenne; across from Safeway.



History: In 2017, Saint Mark's Episcopal Church (1908 Central Ave, Cheyenne, WY) built eight identical Little Pantries. St. Mark's has provided these Little Pantries to Cheyenne organizations/businesses to maintain for the benefit of any people in need. Recently St. Mark's offered the eighth Little Pantry to Veterans' Rock/VFW Post 11453. We are keen to promptly place this Little Pantry into service for all to use.

Outline: Both organizations are nonprofit with little funds available to support this project. We are very grateful to the people of our community who have helped us with our past activities and now call upon the artists in our community to help us with this project. We are able to award \$150 for supplies or compensation for work; additionally we are willing to work with the artist(s) to solicit the donation of required art materials.

Timeline:

- Now: Accepting submissions
- Deadline extended, submissions due ~~31 July, 2021~~ Deadline Extended
- August 12-18, 2021: Judge/Selection
- August 31, 2021: Artist work complete
- August 31-September 11, 2021: Fill the Little Pantry Food Drive
- September 11, 2021: Place Little Pantry into service

Details: We would like a patriotic theme to our Little Pantry. Most of the material used to construct the Little Pantry is plywood, millwork, and acrylic sheet. We would like for the paint or whatever materials used to finish our Little Pantry to be able to withstand the harsh outside elements of South Greeley Highway for five years before needing further attention. To help you in the designing process we have provided some photographs and dimensions of the Little Pantry. If you would like to see a Little Pantry in use there is one outside of St. Mark's Church.

To enter:

Include in submission:

- Information about the artist(s): name, contact info, and examples of past work—if any.
- Design image and/or explanation.
- Materials list.
- For text based files a pdf is preferred; image files should be kept to a minimal file size, jpg, png, pdf and hyperlinks are preferred.



Packet with Photos and Dimensions (pdf)

DROPBOX (include name in each file, or package/zip files)



click logo or hyperlink for Dropbox

Competition closed.

Department Commanders on Tour

Rish - 7/7/2021



Meet the Veterans of Foreign Wars Department of Wyoming Commanders

Junior Commander, Senior Vice, and Commander

Saturday, July 10, 2021 12-4pm

Veterans' Rock

605 S. Greeley Highway, Cheyenne, WY 82007: *additional parking available at Town & Country Liquors --*
THANKS TOWN & COUNTRY

Come and meet your VFW State of Wyoming Commanders, voice your concerns about veterans issues, and enjoy some refreshments.

Sponsored by: Veterans Rock and your very own VFW Frontier Post 11453

click image to download flyer



Memorial Day Activities

Jim Bush - 5/23/2021



- Saturday, May 29, 9 AM - Place Flags: Every year American Legion Post 6 along with much help from our community places flags on Veterans graves at cemeteries throughout Cheyenne on the Saturday before Memorial (or Veterans) Day. If you would like to be involved show up at Beth El Cemetery (north-side of E Pershing Blvd & Seymour Ave); I recommend arriving 20 minutes early and parking at the Wyoming Air Guard Museum, just outside the cemetery gate.
- Monday, May 31, 11 AM - Memorial Day Ceremony at Flag Poles in Beth El Cemetery. My understanding is for 2021 the ceremony will be brief. Last I knew they were limiting vehicle entrance into the cemetery to handicap persons only for the ceremony. If it is at

all possible arrive early and park outside the cemetery or across the street. Also pay close attention to the weather forecast and be prepared for all kinds of inclement weather.

- Saturday, June 5, 9 AM - Collect Grave Flags. Similar routine to placing flags.

Craft Fair

Jim Bush - 5/19/2021



Comrade Trish has arranged for us to have a table at the Craft Fair on Saturday, June 5, 2021, 9AM - 3PM, at the Archer complex. We will be selling some craft items, distributing Buddy Poppies, accepting donations, recruiting members, and having a fun time while visiting with the great people of our community. It would be great to have 3-4 people there at a time.

Car Wash Fundraiser

Justin Tripp - 4/18/2021



Our post is having a fundraiser at the Breeze Thru Car Wash on Pershing Blvd on Sunday, May 23, 2021, from 1:00pm to 5:00pm. We will earn money for every car that goes through during that time and we will have a collection jar to receive donations. During the four hour period, we are required to have at least 10 volunteers at all times. There is no washing, drying, or any labor, our purpose is to advertise and encourage people to get their car washed. We are required to have sign holders to display our organization and someone to man the collection jar.

We will have Poppies for donations during the fundraiser.



Here is how you can help:

- Make and donate signs to display during the car wash. If you are interested let me know and we can discuss details.
- Volunteer to work during the shift. Send me the times you can work (if you know someone, even non-members, that can help, let me know).
- Encourage your friends to come and get a car wash and make a donation.
- If you can't volunteer, get your car washed during our time to help increase our bottom line.

Please let me know if you have any questions and thank you for your time!

[Breeze Thru Car Wash Fundraising Agreement](#)



[More Breeze Thru Fundraising Information](#)

sign up to help below

Thank you for your interest, but this event is over. It was very successful. Thanks to Bill, Rex, Jim, Wayne, Al, Jason, Jim, Traci, and special thanks to Justin and family, Trish and East High School JROTC, the staff at Breeze Thru, and the generous people of our community.

Car Wash Sign-up Sunday, May 23, 2021 **1-5 PM, Breeze Thru Car Wash 3515 E** **Pershing Blvd.**

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~~This chart shows workers (numbers on left) to indicate how many people volunteered to work at the time periods (bottom) indicated. The chart may take 20 minutes or more to update.~~

Sign-up below

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Post-Election Results

Jim Bush - 4/13/2021



April 13, 2021

VFW Frontier Post 11453

Election Results 2021-2022

Commander: Justin Tripp

SVC: Jason Maas

JVC: Russ Ruiz

Quartermaster: Wendy Worrell

Chaplain: Mary Lee Dixon

1 Year Trustee: Trish Peoples

2 Year Trustee: Wayne Jones

3 Year Trustee: Dennis Dixon

2020-2021 Post Officers

Commander: Jim Bush

Senior Vice Commander: Al Dyke

Junior Vice Commander: Jason Maas

Quartermaster: Justin Tripp

Chaplain: Mary Lee Dixon

1 Year Trustee: Wayne Jones

2 Year Trustee: Russ Ruiz

3 Year Trustee: Rex Daniels

*Adjutant: Trish Peoples

*Service Officer: Trish Peoples

*Judge Advocate: Jim Rish

*Surgeon: William Staten

* *Indicates appointed officers*

Congratulations to the newly elected officers, thank you for your continued devotion to the Post. Sincere thanks to all who have supported our Post during this especially challenging year.

[Post Officer Duties](#)

New Digs

Jim Bush - 3/28/2021



The lease for Post 11453 to meet and store our belongings at the Orchard Valley Community Center will expire at the end of March 2021. At the regular post meeting in January our Post membership voted to move to Veterans' Rock.

Over the past few years the folks at Orchard Valley have treated our Post very well. We truly thank them for their hospitality. We have enjoyed celebrating events together such as Constitution Day and our Post Picnic; we hope to continue celebrating with them at our new location. The main con to Orchard Valley Community Center was the acoustics within the room, especially for people who have

difficulty hearing. Additionally, in the winter, the room was cold when the furnace wasn't running and loud when it was running. All this with COVID mask requirement really made communication extremely difficult.

Our new location at Veterans' Rock has challenges of its own. Primarily the large meeting room is up a long flight of stairs and the room is not yet finished. However, the acoustics are better and we can help finish the room to work for us. Additionally, we can use a smaller downstairs room when we have members/guests who cannot safely use the stairs. Another con is we have a month to month lease because Veterans' Rock does not own the facility and they rent on a month to month basis.

On Saturday, March 27, 2021 a few post members moved our Post belongings to Veterans' Rock. Special thanks to Wayne, Jim R., Jason, and Jim B. for labor and vehicle use; and Justin for delivering the rent check.

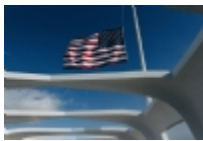
Not only will this move bring us closer to the fellow veterans we have pledged to support; it will help strengthen the partnership with these fine organizations. Please join us at our next meeting. Our regular post meetings are held on the *second Tuesday of each month at 7 PM, [new meeting location](#) Veterans' Rock 605 S. Greeley Highway Suite 1, Cheyenne, WY 82007 (across from Town & Country/Safeway).*

We are looking for new members; join us. See our [membership webpage](#) for more information.

2020

Post Event

Jim Bush - 11/21/2020



We are looking forward to celebrating and remembering at our annual event this year. Like many things in 2020 things will be a little different.

On November 16, 1992 VFW Frontier Post 11453 was chartered. Shortly thereafter founding members sought a way to formally recognize the patriotism of this nation's warriors on Pearl Harbor Day. Post members did so by holding an annual Pearl Harbor Remembrance gathering. For many years the event was attended by survivors of the December 7, 1941 attack on Pearl Harbor and included noteworthy guest speakers.

Throughout the years Post 11453 supported the national VFW programs: Patriot's Pen (PP), an essay writing contest for Junior High School (grades 6-8) students; Voice of Democracy (VOD), a speech contest for High School (grades 9-12) students; and the Teacher of the Year (TotY). Levels for teacher of the year are elementary (K-5), middle (6-8), and high school (9-12). Each year the Post receives submissions for all these contests by October 31. Then the Post must have the submissions judged and winners forwarded to the district (next higher level in the VFW hierarchy) by Thanksgiving. Post 11453 would usually hold a small awards banquet for the participants of these contests. However this busy time of year caused the awards banquet to be overshadowed by various holidays, family occasions, school events, and even our Post's own Pearl Harbor Remembrance dinner.

Several years ago post members decided to combine the awards banquet with our Pearl Harbor Remembrance dinner. Initially it was feared that having two such different events together would cause neither to receive the recognition warranted to each. As it turned out the mixture of youth with experience displayed mutual admiration for each other's generation and enriched the event. Over these several years of the combined event it has grown to be our post's most anticipated happening of the year.

In the past the event has been on December 7th and has been open to the public. Post 11453 will continue to recognize the accomplishments of today's youth and the sacrifices made by yesterday's youth. This year with serious health concerns to consider our goal is for a respectful event that is short and safe. We plan to gather in the social hall at First Christian Church on Saturday, December 5, 2020, at 1 PM to remember the attack on Pearl Harbor and congratulate our post winners for PP, VOD, and TotY contests. Refreshments and desserts will be available. Unfortunately this year attendance will be by invitation only; contest winners, judges, post members, and VIPs are asked to limit guests to those necessary and to RSVP [online](#), [text send a SMS](#), or [call](#) 307.509.0839. RSVP deadline is November 30, 2020 at 8 PM.

Phone call, long distances, Msg & Data rates may apply.

Contest Winners

Jim Bush - 11/28/2020



We had a good turn out again this year for our Patriot's Pen and Voice of Democracy contests. Many thanks to all participants. Our post winners are listed below. All are reminded to participate again next year, we usually start in late August with the announcement of the new contest themes.

Patriot's Pen

1. Bella Davis
2. Mariah Hilliard
3. Landen Davis

Voice of Democracy

1. Luke Constantino
2. Haley English
3. Riddick McCabe

The first place winners have been forwarded to District 5 for judging at that level; we are hoping for good news soon.

Special thanks to this year's judges from the [Delta Kappa Gamma Society International – Upsilon Chapter](#)– Cheyenne, WY

Post Officer Duties

VFW - 2/25/2021

OFFICERS AND CHAIRMEN, DUTIES AND OBLIGATIONS

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A. Officers

1. Duty of Commander. Among the duties of a Post Commander, he shall:

- A. Preside at all meetings of the Post, conducting such meetings in accordance with Article X of the By-Laws and Manual of Procedure and other applicable parliamentary rules.
- B. Enforce strict observance of the laws and usages of this organization, including Post, County Council, District and Department By-Laws and the Congressional Charter, National By-Laws, Ritual and Manual of Procedure, and all lawful orders from proper authorities.
- C. Insist that Post business and activities be conducted in such a manner that they do not violate any applicable governmental law, ordinance or regulation nor bring or tend to bring opprobrium or embarrassment upon the Post, its members or the Veterans of Foreign Wars of the United States.
- D. Decide all questions of law and usage in the Post, subject to appeal pursuant to the By-Laws.
- E. Appoint officers, committee chairmen and committees not otherwise provided for. He may remove such appointed officers, committee chairmen and committees at his pleasure. He shall, by virtue of his office, be a member of all committees.
- F. Approve all orders drawn upon the Quartermaster for the disbursement of money by motion made and passed at a meeting of the Post and countersign all checks for the disbursement of Post funds.
- G. Assure that the office of Quartermaster is bonded according to Section 703 of the By-Laws.
- H. Assure that all dues and other monies due the National headquarters and Department are forwarded promptly together with accurate reports and returns pertaining thereto.
- I. Assure that all reports are correctly prepared and promptly forwarded, that all the business of the Post is handled with dispatch and that all necessary licenses and permits are obtained for proper operation.
- J. Assure that eligible veterans are encouraged to join and maintain membership.
- K. Assure that he or his representative attend all properly called District Conventions or meetings and County Council meetings.
- L. Comply with and perform all of the duties required by the laws and usages of this organization, the provisions of these By-Laws, the Ritual and Manual of Procedure and Department, District, County Council or Post By-Laws pertaining to the duties and obligations of a Post Commander and lawful orders from proper authority and perform such other duties as are usually incident to the office. Failure without just cause to perform these duties may result in removal from office.

2. Duty of Senior Vice Commander. The Post Senior Vice Commander shall assist the Commander in preserving order, preside in the absence of the Commander, provide such advice or assistance as may be required and perform such other duties as are usually incident to such office or may from time to time be required by the laws and usages of the organization or lawful orders from proper authority.
3. Duty of Junior Vice Commander. The Post Junior Vice Commander shall assist the Commander in preserving order, preside in the absence of the Commander and Senior Vice Commander, provide such advice or assistance as may be required and perform such other duties as are usually incident to such office or may from time to time be required of him by the laws and usages of the organization or lawful orders from proper authority.
4. Duty of Commander Pro Tempore. In the event that neither the Commander, Senior Vice Commander or Junior Vice Commander is present, the Post shall elect a Commander Pro Tempore to preside at the meeting of the Post.
5. Duty of Quartermaster. Among the duties of a Post Quartermaster, he shall:
 - A. Receive and hold all monies, securities, vouchers, and other personal property of the Post as may pertain to his office.
 - B. Pay out or expend monies only after the Post has authorized payment by motion made and passed at a meeting of the Post. All checks for the expenditures of Post funds shall be numbered in sequence, the number of each check to correspond with the voucher authorizing the same, and in addition to the signature of the Quartermaster, shall be countersigned by the Post Commander.
 - C. Before entering upon his duties and for the faithful performance thereof, he shall qualify by good and sufficient bond, in accordance with Section 703, in a sum at least equal to the amount of the liquid assets for which he may be accountable, the cost of which shall be paid from Post funds.
 - D. Collect all monies due the Post, giving receipt therefore.
 - E. Keep an account with each member and notify all members in arrears.
 - F. Collect the annual membership dues and credit the dues fund with a sum equal to the annual National, Department, District and County Council dues.
 - G. At least once each month, transmit to the Department Quartermaster the Department and National dues payable from the annual dues collected from each member during the preceding month, such payment to be accompanied by transmittal forms provided by the National Headquarters. The Quartermaster will be responsible for prompt payment of dues when due to the proper authorities.

H. Retrain from issuing official membership dues receipts to new members until he has received the required admission fee and the required dues, unless the same shall have been remitted by the Post. He shall collect the admission fee and dues prior to the election of the new member and immediately thereafter will credit one dollar (\$1.00) to the Department in which the Post is located, the same to be forwarded to the Department Quartermaster.

I. Maintain a dues reserve fund to which shall be credited not less than one-half of the Posts part of the current years dues paid by each member prior to July 1, including Life Membership per capita taxes received from the National Organization on account of Life Members. (This shall not apply to dues remitted by the Post.) He shall not disburse nor shall an obligation be incurred against this fund until after July 1, at which time it shall be transferred to the Posts general fund and be available for expenditures.

J. Expend any and all dues paid by the Post on members whose dues have been remitted from the general fund of the Post.

K. Maintain a relief fund, which shall be credited with the net proceeds of all sales of Buddy Poppies and such other monies as may be solicited or donated for veterans relief purposes. Expenditures from the relief fund shall only be made for the purposes outlined in Section 704 of the Manual of Procedure.

L. Maintain the books and records at all times in a neat and efficient manner. The books and records of the Quartermaster shall be uniform and shall be those prescribed by National Headquarters; provided, however, that computer record keeping systems may be used, so long as the records contain the same data as required on forms prescribed by National Headquarters. Books and records shall be available for inspection by authorized officers at all reasonable times. Unless authorized by the Post to remove such books and records from its facilities, all such books and records shall be kept at the Post facilities.

M. Deliver to his successor in office or to anyone designated by the Post or higher authority, all books, records, vouchers, monies, securities and other property of the Post in his possession or under his control.

N. Serve as Treasurer of all Post committees handling funds.

O. Comply with, and perform all duties required of him by the laws and usages of this organization, applicable By-Laws and order's from lawful authority and perform such other duties as are usually incident to such office.

6. Duty of Adjutant. Among the duties of the Post Adjutant, he shall:

- A. Under the direction of the Commander, prepare all reports and returns required of him.
 - B. Attest by his signature and the seal of the Post all official actions of the Post.
 - C. Keep in books or files properly prepared the following:
 - 1. Current By-Laws, Ritual and Manual of Procedure of the Veterans of Foreign Wars of the United States and copies of the By-Laws of the Post, Department, District and County Council.
 - 2. In a proper file, the original application of every member admitted to the Post.
 - 3. A record of all the proceedings of each meeting of the Post after the same shall have been corrected and approved.
 - 4. An order file in which shall be kept all orders or circulars issued by the Commander-in-Chief, the National Council of Administration, the Department Commander, the District and/or County Council Commander or the Post Commander.
 - 5. A letter or correspondence file.
 - 6. A file containing a copy of the proof of eligibility submitted by officers pursuant to Section 216(c).
 - 7. A roll of departed comrades.
 - D. Transfer to his successor, without delay, all books, papers, records, monies and other records and property of the Post in his possession or under his control.
 - E. Comply with and perform all duties required of him by the laws and usages of this organization, applicable By-Laws and orders from lawful authority and perform such other duties as are usually incident to such office.
 - F. Unless authorized by the Post to remove books and records under his control from its facilities, all such books and records shall be kept at the Post facilities.
7. Duty of Chaplain. The Post Chaplain shall be chairman of the Visiting Committee of the Post. He shall, with the assistance of such other members as may be appointed by the Commander, visit the sick and disabled members of the Post and make a report to the Post concerning same. He shall perform such other duties as are usually incident to the office or as may from time to time be required of him by

the laws and usages of this organization or lawful orders from proper authority.

8. Duty of Judge Advocate. The Post Judge Advocate shall give the Post Commander such legal assistance, incident to his office, as he may request, and perform such other duties as may be usually incident to the office or as may from time to time be required of him by the laws and usages of this organization or lawful orders from proper authority.

9. Duty of Surgeon. The Post Surgeon shall be the chairman of the Health Committee and, with the assistance of such others as may be appointed by the Commander, he shall promote and put into effect health programs for the benefit of his Post and the community. He shall perform such other duties as are usually incident to the office or as may from time to time be required of him by the laws and usages of this organization or lawful orders from proper authority.

10. Duty of the Officer of the Day. Among the duties of the Officer of the Day, he shall:

A. Be the custodian of the Post colors, altar flag, Bible, ballot box, gavel and such other Post property as is incident to a Post meeting.

B. At the beginning of every meeting, cause the official membership dues receipt card or life membership card of every member present to be inspected. He shall instruct comrades who may not have paid dues for the current calendar year and, as a result, do not possess an official membership receipt card, to immediately pay the required dues to the Quartermaster. In the event the member does not have an official dues card receipt or life membership card in his possession, but claims that his dues are paid, or were remitted, the Officer of the Day will ascertain the membership status of the comrade from the Post Quartermaster. Unless dues have been properly remitted in accordance with the By-Laws or Manual of Procedure, delinquent members will immediately pay dues to the end of the current calendar year or leave the meeting room. The Officer of the Day must not permit a member whose dues have not been paid or remitted to the end of the current calendar year to remain at a Post meeting.

C. Prior to a meeting, have the Post colors in position to be properly presented, the altar properly decorated with flag and Bible and all officers' stations in proper position and in order. He shall, with the assistance of the Color Bearers, present and retire the National Flag and Post Colors and properly present and introduce distinguished guests.

D. At the close of the meeting, assure that all Post property under his control is properly and safely taken care of.

E. At the direction of the Post Commander, prepare the ballots, permit only those to cast their ballots who are qualified and observe that the balloting is done in a secret and proper manner.

F. To the best of his ability, carry out the orders of the Commander and the Post and perform such other duties as may be usually incident to the office or may from time to time be required of him by the laws and usages of the organization or lawful orders from proper authority.

11. Duty of Trustees. Among the duties of the three (3) elected Post Trustees, they shall:

A. Not later than the end of the month following the last day of each quarterly period, properly audit the books and records of the Post Quartermaster, Post Adjutant, and any activity, clubroom, holding company or unit sponsored, conducted or operated by, for or on behalf of the Post, and submit a detailed statement of such audits to the Post.

B. Quarterly, through the Post Commander, submit a Post Trustees Report of Audit to the Department Quartermaster for referral to the Department Inspector. The Report shall be in accordance with and upon such form as may be prescribed by the Adjutant General. The audit shall be signed by the Post Commander and Trustees, who shall, by their signatures, certify to the accuracy of the information contained therein. Trustees of Posts not under the jurisdiction of a Department shall submit the Report of Audit to the Adjutant General.

D. Verify all expenditures of the Post and certify by their signature as to the correctness of each expenditure voucher.

E. Audit the records and accounts of all committees, officers and members having to do with the receipt and expenditure of Post funds. Trustees shall not be eligible to serve on committees or as officers whose books, records and accounts are audited by the Trustees.

F. Perform such other duties as may be usually incident to the office or may from time to time be required by the laws and usages of the organization or lawful orders from proper authority.

12. Duty of Guard. Among the duties of the Post Guard, he shall:

A. Allow no one to enter the Post meeting room who does not possess a dues receipt card for the current calendar year or a life membership card, should the person requesting admittance state that his dues were paid but that he does not have the official receipt card or life membership card in his possession. then the Guard shall inform the Commander who shall ascertain from the Quartermaster whether the person seeking admittance has paid dues for the current calendar year and, if so, the member shall be admitted, provided he is otherwise in good standing.

B. Notify the Officer of the Day of the presence of all distinguished guests who may be awaiting admittance.

C. Perform such other duties as may be usually incident to the office or may from time to time be required of him by the laws and usages of this organization or lawful orders from proper authority.

13. Duty of Service Officer. The Post Service Officer shall assist members of the Post, their widows and orphans and other worthy cases brought to their attention in obtaining rightful benefits from the federal and state governments, in the preparation of the proper forms for applying for such benefits and in assembling evidence required in connection therewith. The work of a Service Officer shall be performed in accordance with the instructions contained in the VFW Guide for Post Service Officers under the general supervision of the Department Service Officer. He shall perform such other duties as may be usually incident to the office or as may from time to time be required of him by the laws and usages of this organization or lawful orders from proper authority.

14. Duty of Assistant Adjutant. The Assistant Adjutant shall assist the Adjutant in his duties as requested.

15. Duty of Assistant Quartermaster. The Assistant Quartermaster shall assist the Quartermaster in his duties as requested.

Meadowlark Market

Jim Bush - 9/19/2020



I understand it will be like a craft fair, with booths/tables of local people selling things. The reason this is important to us is the GFWC Meadowlarks have invited VFW Post 11453 to be in on the initial Meadowlark Market, that is to say we'll have a table at the event. Of course we'll be distributing Poppies, but this is a chance to be in our community, explaining what we do, recruiting new members, and maybe selling some of our own things.

We're looking for ideas and people to work the event.

GFWC MEADOWLARKS PRESENT

1ST ANNUAL

Meadowlark Market

October 31, 2020

9am-5pm

CFD HEADQUARTERS BUILDING
1230 WEST 8TH AVE
INSIDE FRONTIER PARK
CHEYENNE, WY

FREE ADMISSION
DONATIONS FOR LOCAL
FOOD PANTRIES APPRECIATED

ARTS / CRAFTS

FINE FOODS

MASKS REQUIRED

Call (307) 630-3003 for more information



[flyer](#)

[Wyoming Public Media \(map\)](#)

[CFD](#)

[Sign-up](#)

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Raffle Winners

Jim Bush - 9/30/2020



VFW Frontier Post held their Annual Raffle September 8, 2020. The drawing was originally planned to take place earlier in the year, but COVID-19 caused the drawing to be postponed.

The raffle drawings were held, and the following prizes awarded.

- Rifle AR-15 – Grant Kepp
- Quilt – Loren Morris
- Afghan – Ed Hoehn
- Beer Growler – Tom Kelley
- \$10 Subway Gift Certificate – Justin Tripp
- \$15 Dairy Queen Gift Certificate – Ed Hoehn

Congratulations to all the winners, many thanks to all those who bought tickets. And a big THANK YOU to those who donated prizes:

- [Sharps Rifle Company](#)
- Mary Lee
- Jim B.

A Little Hand

Jim Bush - 9/20/2020





Hannah, age 7 and daughter of Post Quartermaster Justin, helps during Post Poppy Drive at Albertsons (Yellowstone Highway) in Cheyenne on Saturday, September 21, 2020.

Post Bylaws

Trish Peoples - 9/13/2020



VFW Post 11453 Member

After careful consideration, the Bylaw Review Committee believes our post's bylaws do not serve a useful purpose and suggests abolishing them. The post will, of course, continue to operate under the bylaws and standing rules of VFW National and the VFW Department of Wyoming. The vote on abolishing the bylaws will take place at our next regularly scheduled meeting, which is October 13th, 7:00 pm, at the Orchard Valley Community Center.

This email fulfills the provision that each member will be notified 20 days prior to a vote. If you would like a copy of the current post bylaws, please request it through a return email to me.

Trish Peoples

VFW Post 11453 Adjutant

[VFW Post 11453 Bylaws 2015](#)

Past Commander Recognized

Jim Bush - 8/14/2020



Past Post Commander Jim Rish was formally recognized and thanked by our new Post Command Jim Bush with the presentation of this plaque at the regular post meeting on August 11, 2020. Rish is currently the Senior Vice Commander for the VFW Department of Wyoming with his sights set on Department Commander. We truly do thank him for his past leadership and future support at the local level and beyond.



The plaque reads:

James Rish

Post Commander

2017 - 2020

*In appreciation of your devoted
leadership and continued support
of Frontier Post 11453.*

Thank you.

Veterans Rock

Jim Bush - 9/8/2020

VFW Post 11453 will be collecting "In Kind" Donations at our monthly meeting on November 10, 2020.
Here are some ideas.

[pdf](#)

Veterans' Rock

Needs List

Initial items

for the building: Monetary funds for:

Monthly expenses: rent, utilities, phone

Shelving, wooden or metal

Clothing racks

Plastic storage bins

Washer and dryer

Kitchen sink w/cabinet Items for Veterans:

Kitchen cabinet with drawers Please, very gently used and clean

Folding tables, 6' & 8' (they deserve nice things)

2 small office desks and chairs Clothing: 30/32 jeans; boxer briefs, med

Washer and dryer short sleeve, color t-shirts, med, lg, xlg

Coffee

Nondairy creamer, sugar Small household furniture, apt/dorm size:

Sm kitchen tables/chairs, recliners,

love seats, TV trays, end tables,

sm lamps, sm dressers, night stands

Coffee pots, crock pots, toasters

Alarm clocks, radios

New mattresses/box springs

TracFones and minutes

Gift cards for food, gas, car repairs

Towelettes, wipes for personal cleaning

Individual tissue packets

Large size shampoo, body wash, bar soap

Denture cleaner & cream,

Mouth wash(no-alcohol)

Tooth paste/tooth brushes

Donations taken Monday-Friday, 12-3pm
605 South Greeley Highway, Suite 1
Cheyenne, WY 82001
307-514-0035

Eagle Scout Service Project

Jim Bush - 7/29/2020



At our Post meeting in June, I announced that a Scout needed to designate a beneficiary for an Eagle Scout Project she was interested in doing. While it is our fallen comrades who will benefit from this project, Frontier Post 11453 is to oversee the project and will be listed as the beneficiary on paper. Please check the following links for details.

[Wyoming News Now Article](#)

[Navigating the Eagle Scout Service Project: Information for Project Beneficiaries](#)

Post Raffle

Justin Tripp - 2/29/2020



[Due to COVID19 our Post Raffle Drawing date is rescheduled for September 8, 2020. Contact Quartermaster Tripp for tickets.](#)

Sharps 25-45 Sharps "Field Master" Rifle Package

This rifle includes a 416R Black Shot Peened 18" Light Profile **Sharps Precision Barrel** featuring polygonal 1 in 10" twist rifling, M4 feed ramps and 5/8"-24 muzzle threads. Additional features include 25-45 Sharps laser engraved ejector port door cover, our patent pending **Relia-Bolt and XPB Balanced Bolt Carrier** assembly and CMC 3.5 lb trigger group. It has a diamondhead-usa (30 caliber) muzzle brake and 13.5" 5.56 hand guard. It will include an SRC laser engraved hard case, Sharps engraved Pmag 10 round magazine, and 5 boxes of ammo.

Technical Information on Barrel

- 416R Stainless Steel
- Muzzle Thread Pattern: 5/8"-24
- Chamber: 25-45 Sharps
- M4 Feed Ramps: Yes
- Gas Block Diameter: 0.750"

BCG Technical Info:

The Sharps Xtreme Performance Bolt (XPB) Carrier Group Complete is comprised of our patented Relia-Bolt™ and our Balanced Bolt Carrier. Both are machined out of S7 tool steel. The XPB undergoes a 24-hour thermal cycle proprietary heat treatment, and is finished with the DLC (Diamond Like Carbon) Coating. The XPB carrier displays the SRC logo machine cut and is visible when the ejection port door is open. The XPB fits standard AR-15/M16/M4 rifles chambered in .223/5.56, Sharps 25-45, and 300 Blackout calibers. Weight: 11.2 oz

Bolt and carrier: S7 tool steel, shot peened and DLC coated (U.S. Patent No. 9,863,729)
Gas key: 4130 Steel. attached with Grade 8 hardware, properly staked and DLC coated.
Cam pin: 4340 Steel, Manganese Phosphate coated
Firing pin: Mil spec made of 8740 Steel, center-less ground, and Hard Chrome coated.
Extractor: 4340 Steel, Manganese Phosphate coated
Ejector: S7, shot peened and Manganese Phosphate coated
Extractor pin: S7, shot peened and Manganese Phosphate coated
Mil-Spec Extractor and Ejector springs, Firing pin retaining pin, Gas Rings

Batch MPI and HPT tested

Tensile Strengths of 1550-1600 mpa, or 220,000-235,000 psi.

Toughness over 200ft/lb Charpy C-Notch

HRC of 46 yields a 15% increase in hardness at the same toughness comparing to Carpenter 158 & 9310.

Technical Data on DLC Coating

Coating thickness: 2-4 Microns

Hardness HV 0.05: HRC 80+

Deposition method: PVD UBM/PACVD

Friction vs Steel, dry 0.1
Color: Black

Made in the USA

DLC (Diamond Like Carbon) coating carrier with NP3 Relia-bolt.

Retail Cost for rifle and accessories: \$1,499.99

The rifle info:

Model: shARps-15

Multi cal

Serial # S0000138

Special thanks to:

[Sharps Rifle Company](#)

1195 US Highway 87

Glenrock, WY 82637

307-247-3299

[Flyer](#)

Desert Shield/Storm

Jim Bush - 7/25/2020



Learn more about the [National Desert Storm War Memorial](#)

Distilleries Make Hand Sanitizer

Jim Bush - 3/28/2020



Thanks to local distilleries (Chronicles, Backwards, Pine Bluffs, Still Works) and Snowy Elk (Coffee), a collaborative effort began to make and donate hand sanitizer to those in need across Wyoming during the Coronavirus pandemic.

See more at [Snowy Elk Foundation](#)

Summertime on the Streets

Jim - 6/17/2020



A colorful event poster for 'Downtown Cheyenne Summer on the Streets'. The poster features a purple background with a yellow starburst containing the word 'SUMMER' in large green letters and 'ON THE STREETS' in orange letters below it. At the top left, it says 'FREE EVENT'. To the right of the starburst is a circular logo for 'Downtown Cheyenne' and a 'SHOP SMART CHEYENNE SHOP SAFE' logo. Below the starburst, it says 'SATURDAY JUNE 20TH, 2020' and 'FROM 11AM TO 4PM'. Further down, there are three horizontal bars: a green one for 'SHOPPING SPECIALS AND SIDEWALK SALES', an orange one for 'BANDS - CAR SHOWS - CASH GIVEAWAYS', and a yellow one for 'CAR RAFFLE - LIVE FACEBOOK BROADCASTS'. At the bottom, there are two cartoon characters: a woman on the left and a man on the right. In the center, a purple box contains the text: 'CHEYENNE WY LOCAL BUSINESSES THANKFUL THURSDAY CHEYENNE BUSINESSES HELPING CHEYENNE BUSINESSES!! ALL FUNDS RAISED GO RIGHT BACK INTO OUR COMMUNITY!'. A small 'Thankful Thursday' logo is also present on the left side.

Teacher of the Year

Jim Bush - 2/12/2020



Our Post Teacher of the Year (Grades 6-8) nominee, Neil Hokanson, not only won in VFW Wyoming District 5, but also won the VFW Department of Wyoming and will continue to compete at the VFW National Level. Thank you Neil and good luck.

[KGAB Radio](#)

You know for a small post we do many good things, just a couple years ago our nominee at the High School level also won in District 5 and the Department (State) of Wyoming and represented us well in the national competition. See WTE [article](#).

2016

Help Post Website

Website Committee - 12/16/2016



The VFW Post 11453 Website Committee is hard at work constructing and keeping our post website looking fresh. Your assistance would be very much appreciated. Currently, we are looking for help writing, proofreading, editing, and summarizing. Directly working with a computer is not necessary. Let us know what talent you are willing to share with us and we will try to find a place for it on our website.

Thank you.

Contact us via Gmail: vfw11453

or leave us a voicemail message: (307) 509-0839

(307) 509-0VFW